Welcome to the





Director's welcome

We're halfway through the year, and it's exciting to reflect on the incredible progress our young people, teams, and homes have made so far. Recently, we received outstanding feedback from various inspections, highlighting how our homes provide a safe and caring environment for our young people.

This is at the heart of everything we do, and it's wonderful to have it recognised by external agencies such as the Care Inspectorate and Ofsted. Congratulations to the Stormont, Dalveen, and Tanglewood care teams for their fantastic results!

Our young people continue to excel in multiple areas, from education and work to enriching life experiences like their first holidays abroad. This edition of the newsletter is packed with positive updates, and I'm eager for you to read all about them.

I am pleased to announce the expansion of our leadership team with the recent addition of Dr Faye McLean as Head of Psychology. Dr McLean brings a wealth of experience and is dedicated to enhancing the high-quality support we provide to our teams in this area. Please join me in providing a warm welcome to Dr McLean to our Pebbles family.

Congratulations are also in order for our team members who recently gained qualifications. Many have achieved their HNC in Scotland and Level 4 apprenticeships with distinction in England. This commitment to continuous growth and learning is something we wholeheartedly support. I will look forward to

recognising the commitment and achievement of colleagues at our awards event, which is fast approaching. The number of nominations we have received has been encouraging, and I look forward to spending time with our amazing Pebbles Team.

I must pass on a big thanks to our finance team for all the work they have done in rolling out our new banking services. I am up and running with my Soldo card, and I have to say the functionality with app support is just brilliant—definitely a step forward for us.

Finally, I'm excited to share that our Dunfermline school is now registered to accept primary pupils, in addition to our secondary cohort. This expansion allows us to offer bespoke education to even more children and young people, and I look forward to seeing our new pupils thrive.

Chris Strong

CEO





Meet the Team - Colin Smith

Before joining Pebbles as Fleet Manager in February this year, Colin owned and operated his own transport company. He started the business from scratch with just one truck, growing over the course of five years to a fleet of five trucks and 12 drivers. Colin's business serviced major supermarket chains, including LIDL, Sainsbury's, and Tesco, primarily delivering goods across Scotland.

Since joining the Pebbles family, Colin has taken on the complex task of managing and optimising the company's vehicle fleet. Before Colin joined, fleet management was split between several team members including Derek Johnson, Head of Fleet, Health & Safety and Heather Innes, Procurement Officer, but the responsibility was gladly passed onto Colin to bring in his expertise and specialised skills.

Colin has implemented significant changes already to ensure the smooth management of our vehicles and the safety of our teams that use them.

One of the first things Colin did when he started was to overhaul the fleet system. He implemented a comprehensive filing system for each vehicle, including folders for spare keys, MOT records and tax documentation. He established a systematic process to ensure that all vehicle-related tasks are properly recorded and maintained.

Another huge task for Colin was streamlining the fuel card management process. He was able to review this and reduce active cards to ensure that there is only one active fuel card per vehicle.

Colin has negotiated better rates with garages and service providers, notably reducing costs for services like windshield replacements. He has also enhanced relationships with dealerships, working closely with Derek to manage new vehicle acquisitions.

Colin's latest project is the implementation of telematics across the fleet. Colin thoroughly researched the available providers and has started to roll out a telematics system that will improve fleet tracking and efficiency. The rollout of the telematics system will cover all 80 cars in the company fleet.

Colin is not just dedicated to his professional life; he also has a rich personal life and hobbies. He is a proud owner of three Chow Chows and has a passion for running. Before starting his business, Colin was an avid runner, participating in half and full marathons, including the Edinburgh Marathon in 2018. He ran to support charities like Kidney Kids Scotland and Tommy's Charity, which are close to his heart due to personal family experiences.

After a break from running due to business commitments, Colin is eager to get back into fitness and running. Last year, he completed the West Highland Way, and he has played golf throughout Scotland, experiencing some of the country's top courses.

Colin's dedication, both professionally and personally, makes him a valuable asset to Pebbles, continually driving improvements and efficiencies within the fleet. We are thrilled to have Colin on board and look forward to seeing the continued positive impact he will bring to the team.

Recent celebrations

Mixing cultural traditions and wonder, our Pebbles family has come together to celebrate festivities over the past few months.

Eid

Our Stoneraise home recently helped our young person K. to celebrate Eid. Our fantastic team put a lot of effort into organising decorations, gifts and food for the celebrations and took the time to educate the other young people in the home about Eid and why K. was celebrating it.

The atmosphere in the home was brilliant and K. was truly grateful for the effort that everyone had gone to and enjoyed sharing more about her cultural traditions and how she would celebrate Eid with her family.





Viewing the Northern Lights

Many of our homes were lucky to be able to view the Northern Lights on a clear evening in May. It was a wonderful and possibly once in a lifetime phenomenon that we are glad our teams and young people got to experience.



Our Scottish homes got together at Strathclyde Country Park to celebrate Easter with a funpacked day of activities. Everyone got involved in a scavenger hunt, egg hunt and a game of rounders. They were even treated to a surprise visit from the Easter bunny!

Our English homes also celebrated Easter, with Amble Cottage planning a trip to Alton Towers and sharing personalised baskets filled with eggs and sweet jars. They also welcomed three new chicks to the home, which our young people have named and taken under their wing.

At Stoneraise, everyone got involved in decorating the home for Easter and picking out arts and crafts to take part in. They helped make a sponge cake and cupcakes with support from the care team to take part in the Easter cake competition.

The homes in the Cumbria cluster were lucky enough to get a visit from Peter Rabbit and our young people from Stoneraise.

Jasper House also enjoyed celebrating Easter. B., one of our young people, got into the spirit with arts and crafts, baking, Easter games and of course an Easter egg hunt in the morning!





Amble Cottage has been a hive of activity over the past few months. The recent events and projects the team have undertaken reflect their commitment to creating a nurturing, dynamic and joyful environment for their young people. Here are some of their updates:

Birthday Celebrations

All the young people who live at Amble Cottage have celebrated their birthdays recently. The care team ensured that each celebration was special, with personalised birthday cakes, balloons, and banners to greet each of the girls the morning of their birthday.

Educational Milestones

We are proud to announce that all three young people at Amble Cottage are now enrolled in full-time education. Our youngest recently joined mainstream school after a lot of hard work and dedication from her team.

This achievement marks a significant

This achievement marks a significant milestone and sets a positive tone for their ongoing educational journeys.

Garden Projects

The garden at Amble has been bustling with activity as we prepare for the summer. The young people have been hands-on, setting up bird boxes and feeders, and planting fruit bushes and kitchen herbs. Their involvement has not only enhanced their connection with nature but also transformed the garden into a vibrant, lively space.



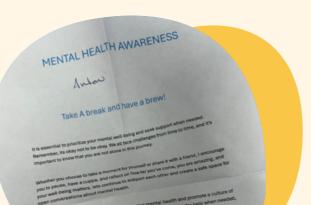
Cinema Room Transformation

One of the most exciting developments at Amble has been the transformation of the art room into a cinema room.

After the girls expressed their desire for a more engaging space, the room has been completely revamped. With input from the girls and the efforts of our care team, a 100-inch screen was installed, along with a projector, sound bar, lights, popcorn maker, bean bags, a plush rug, and movie-themed decorations. This new cinema room has quickly become a favourite spot for movie nights, gaming, and entertaining friends.

Wellbeing Initiatives

In addition to these activities our wonderful Registered Manager, Lisa, has shown exceptional care by creating personal mental health wellbeing packs for each member of the care team. This thoughtful gesture has been greatly appreciated and has contributed to the overall positive atmosphere at Amble Cottage.





Team work makes the dream work

Our Highview team recently got together for a team building day following their young person moving on. They used the day as a means of reflection on the time their young person spent at Highview, discussing the highs, the lows and

everything in between.

Congratulations to our wonderful Deputy
Manager at
Highview,
Toni McCourt,
who recently
tied the knot!



Our young person at Jasper House, B., recently helped one of her friends who was in trouble and called the police to make sure her friend got home safe. As a reward, B. asked if the home could get a new fur baby. We are proud to welcome Bob to the Jasper team! B. has helped build his giant hutch and takes good care of him alongside the staff team.



Team Updates

We are immensely proud to celebrate the achievements of our dedicated Pebbles family members who have recently obtained qualifications. Please join us in congratulating their efforts.

Lynne Cassidy, The Paddock – Passed her HNC with an outstanding A. Well done for overcoming your anxieties to achieve an excellent result, Lynne!

Scott Graham, Stoneraise – Passed his Level 4 apprenticeship with distinction

Megan Campbell, Cobbledyke – Passed her Level 4 apprenticeship with distinction

Kylie Mitchell, Pebbles House - Passed her Level 4 apprenticeship with distinction

Our wonderful **Shanshan YuKane** from Earlseat has recently celebrated her four-year anniversary as part of the Pebbles family. We love you Shanshan and are so grateful to have you!

Claire Sexton, RCCW at St Teresa House, recently celebrated her 40th birthday and our teams couldn't let it pass by without a celebration! Our young person snapped some photos of Claire with her birthday balloons and cardboard café.

Katie Lavelle-Sharp, our Registered Manager at Amber House, is due to break off on maternity leave at the end of June and her team and young people got together to throw her a surprise baby shower.

A huge shout out to our recruitment team – Lauryn and Gordon have just celebrated their one-year anniversary, Jan has celebrated her two-year anniversary, and Tracey has celebrated her six-month anniversary. Thank you for all the work you do!

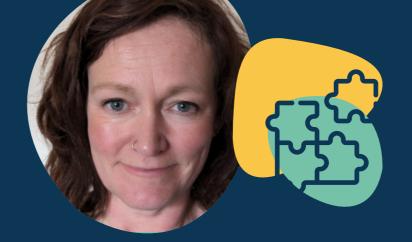
"Can I just say that the way you delivered training today was absolutely perfect!"

Our L&D facilitators **Charlotte**, **Josh and Charles** are fantastic at what they do, and we would like to give them some recognition.



Fundraising update

Our young person H. from No 57 has raised a whopping £205.31 in total from a bake sale which they are donating to the British Red Cross.



Welcome to Dr Faye McLean

We are thrilled to welcome Dr Faye McLean to the Pebbles family as our Head of Psychology. Faye brings a wealth of experience from working in health and social care settings and has a unique journey that has shaped her into the outstanding professional she is today.

Dr McLean began her studies at St. Andrews University, obtaining an undergraduate degree in physiology. While she was studying, she also worked at a local pub which she managed for around a year following her graduation, making her the youngest pub manager in town at only 23 years old.

Dr McLean then made the move to Edinburgh where she volunteered with Parentline and worked as a support worker for young people in a mental health inpatient unit. It was through these experiences that she discovered her passion for working alongside children and families, spurring her on to complete a master's degree in social work at Glasgow University.

Faye then worked as a social worker for around a decade, contributing to organisations like Children 1st, Barnardo's and CLIC Sargent.

She continued her academic journey with a psychology conversion course at Glasgow University followed by a master's degree in Applied Psychology at the University of Edinburgh. She then went on to complete her Doctorate at the University of Newcastle, focusing on parenting, intolerance of uncertainty and anxiety, culminating in a 20,000-word thesis in 2016.

Outside of her professional life, Faye is an outdoor enthusiast. She enjoys hiking, mountain biking, and bikepacking, having bikepacked in countries such as Slovenia, Portugal and Italy. She also enjoys spending time with her nearly 13-year-old border collie, Indie.

Since joining Pebbles, Faye has already visited our homes in Cumbria and is eager to visit more. She looks forward to developing the psychology team and enhancing the excellent service provided to our care and education teams.

Please join us in welcoming Dr Faye McLean to the Pebbles family. We are excited to see the positive impact she will undoubtedly have on our teams and the children we support.

Sharing our appreciation

W., one of our young people at Kippsbyre, recently put a lot of time and effort into buying each staff member a gift to show her appreciation for the care they provide for her. The whole team were overcome with emotion, and it was lovely to see them feel valued and appreciated from W. for their hard work and consistency throughout her two years at Kippsbyre. There were lots of tears of joy shared in celebrating W. and the team.



Feedback

10

Feedback is key to ensuring that we continue to provide the most nurturing homes for our young people.

Whether this comes from social workers, our young people's families, the Care Inspectorate, Ofsted or from our young people themselves, we are always delighted to receive it. Check out some of the wonderful feedback we have received recently.

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"I feel that Lorraine is the glue that keeps this service together. She presents as very kind and caring but also quite firm with boundaries. She works openly and honestly with professionals, family, and W., and this in turn offers W. a safe environment where she is not afraid to express her wishes and feelings."

Feedback for RM Lorraine at Kippsbyre from W.'s social worker

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"They have helped nurture and guide S. through his later childhood, and some very difficult experiences and into adulthood whilst enabling him to develop his independence and confidence skills and form some very special and significant relationships with others."

Feedback for the Kyllimoons team from S.'s social worker

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"Staff have worked tirelessly to support J. to have positive family time contact. Staff have worked closely with family members to ensure family time is safe and well managed. The success of this can be seen as now J. has unsupervised and overnight family time with his grandmother. This is due to be increased again."

Feedback for the Kippsbyre team from J.'s social worker



"Each and every one of you deserves a heartfelt thank you. You've built a nurturing and loving environment that feels more like a warm embrace than a care facility. It's a place where N. feels safe, secure, and truly seen. Your patience, understanding, and expertise in handling her challenging behaviours have been a godsend."

Excerpt from letter from N.'s family for our Bell View team



"Every member of staff brings a different, loving personality which makes me feel comfortable. They all make me feel at home and provide me with a sense of safety. We are all a happy little family here at Kips. I know my staff love me and I love them, and they would do anything for me to make sure I achieve the best."

Feedback from W., our young person living at Kippsbyre

Our **Stormont home** received a very good for inspection area one and a good for inspection area two in their recent Care Inspectorate inspection.

Key points raised in the inspection were that our young people benefitted from the service working effectively with external partners and internal supports within the organisation and our young people were meaningfully and actively involved in a variety of aspects of service development.



Our **Dalveen home** was also inspected recently and was awarded very good. The feedback from the inspector was that our team is doing a great job at keeping our young people safe. He commented on the fact that there had been no staff changes, which is what builds up trusting relationships with the young people, making them feel safe and cared for.

Our **Tanglewood home** received an excellent at their Care Inspection. Some comments included that the inspector felt the team showed a great understanding of both young people's needs and the team's dedication to the young people.

Successes for our young people

We are proud to share some of our young people's accomplishments from across our homes. We have seen our young people make strides in their education, gain valuable work and life experience and successfully move on from our care, fully equipped with the skills needed to live independently.

Our young person from Kyllimoons, P., completed a 16-week introduction to hairdressing course through Urban Hair Beauty and Training Academy. P. gained a lot of confidence and skills while taking part in the course and has also secured himself a place at college to continue his hairdressing career.

S., who lives at our Blane Cottage home, has done extremely well in school this year. She has gone from struggling to attend school and engage to now being able to be dropped off for the full day with no staff support. She has been excelling in her work, especially in maths – while working through her National 4 qualifications, S. exceeded expectations and achieved her National 5 in Numeracy. This opens up even more possibilities for qualifications for her when she moves into S5, and we are all so proud of the progress she has made.



T. from our Jasper House home has been struggling with his GCSEs over the past month or so. He has only managed to sit one and missed the rest due to increasing anxieties and other issues in the community. Recently, he completed a test paper independently in the home and presented it to the team. He

absolutely smashed the test paper!

Our young person from Prospect Place, K., was able to go on her first holiday abroad recently. She saved up a lot of her own money to be able to go on this holiday, managing to save £365 since Christmas. As well as getting to experience her first holiday abroad, K. also got the opportunity to experience riding a jet ski for the first time!



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Thank you for helping me become

I'll Miss you loads

in your new job, you dre

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Our Earlseat team were excited to get to celebrate H.'s 18th birthday recently. They threw a lovely party for H. where she was able to invite her friends round to enjoy some party nibbles and cake.

Our young person, A., at Tanglewood attended her very first school excursion with the rest of the Primary 7s. She went to Broomlee Outdoor and Activity Centre in West Linton and took part in activities such as archery and rope walking. She absolutely loved the experience.

At Jasper House, our young person T. celebrated his 16th birthday. He decided that he would like a bike for his birthday just the night before, but our amazing Jasper team were able to work their magic to make it happen! T. had a great day and celebrated with a games night and a takeaway with friends from his hometown.

It's all fun and games (and music)

Our very talented young person at **No 57** created their own version of Monopoly, called Pebopoly. He even individualised all the chance and community chest cards to the home and staff!

Our young person, K. at **Tanglewood**, had been asking to see Callum Beattie (a Scottish singer/songwriter) play live in concert as he is inspired by his music and lyrics. He went to see him play at the 10th anniversary of the Kelpies, which he loved.

B. moved into our **Jasper House** home back in March and has taken part in lots of activities since then, including racing RCCW Amy at Clip and Climb. B. won the race and Amy sulked, but all was well after a slushie and many rematches!

Amy also brought her ice bath into Jasper last month. Everyone had a go except young person T. who gave a very firm, "I'll pass".

Everyone at **Jasper House** has also been playing with lots of slime this month which has been great messy fun! The therapeutic activities in the home have been amazing in supporting difficult days and helping everyone ease frustrations and laugh together.



Being a Registered Manager at Pebbles – An interview with Sarah Hutchinson

We recently caught up with Sarah Hutchinson, one of our valued Registered Managers, to ask her a few questions about her role at Pebbles. Sarah shared some inspiring insights about leading Cara House that we are delighted to share with you.

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What is your background, and how did you become a Registered Manager as part of our family?

Ah, well, my journey to becoming a Registered Manager at Pebbles has been quite the adventure around every aspect of young people's work around Leeds! With a background in youth work, sexual health, CSE development work, gangs and county lines work, I stumbled into the world of care being a Registered Manager for another company and never looked back. After years of freelancing and working with various agencies in Leeds, about three years ago, I found my way to Pebbles. I'm all about positivity, creativity, and being the bubbly, arty person I am to make a house feel like a home. Now, I'm proud to be the Registered Manager at Cara House, where I get to bring my passion for making it feel like a real family home.



What is the most rewarding aspect of managing one of our family-style children's homes for you?

It's a bit like orchestrating a beautiful symphony! From morning meetings and planning the day to checking in with the team and supporting the young people, no two days are ever the same, and who knows what's going to happen. Some days are juggling the curve balls that get thrown at you, but one thing's for sure, there's always plenty of laughter, love, and a dash of circus skill juggling throughout the day. But amidst all that, there's always time for a good laugh and some creative problemsolving. It's all about keeping the home running smoothly while making sure every child feels cared for and valued.





Who forms your team, and what do you like about working with them?

They're absolute gems! A strong, long-standing bunch who treat Cara House like their own family home. I couldn't ask for a better group to work alongside. Their dedication, passion, and endless support make every day a joy. I love working with them because they share my ethos of making sure every child feels loved and supported.

How does a typical day as Registered Manager at Pebbles look?

Oh, where do I start? It's all about creating that warm, nurturing environment where every child feels like they're part of the family. Seeing them grow, thrive, and blossom under our care is truly heartwarming. Knowing that we're creating a safe, supportive environment for these young people, where they can thrive and grow is what keeps me going.

Do you feel supported in your role as a leader?

Absolutely! The Pebbles family has my back 100%. Whether it's through ongoing training, mentorship, or just a shoulder to lean on, I know I can always count on my team and the wider Pebbles community for support.

What do you think makes Pebbles stand out compared to other residential child care providers in your area?

It's the genuine care, the unwavering commitment to each and every child's wellbeing, and the family-oriented approach that set us apart. We're not just a residential child care provider, we're a true family, and that's something special.

Would you recommend joining our Pebble's family as a Registered Manager?

Without a doubt! Where else can you find such a vibrant, supportive, and loving community? It's more than just a job. It's a chance to make a real difference in the lives of children and families, and that's something that is truly rewarding.



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Education Updates

Scotland

England

Emotional Awareness by S.

S., our pupil in England, was encouraged to create a poster to help teenagers understand and manage their emotions. S. transformed a white poster into an amazing tool for your people to identify their emotions and deal with them in the most positive way.

S. created a set of cards with an array of different emotions linked to specific colours. For each colour, she identified the best strategies to deal with those specific feelings. And she included some very good advice too, such as:

"A lot of the time, people find it hard to express their emotions and tell people how they really feel. It can help a lot sometimes to write down how you are feeling. It gets it out of your head and you never have to however, you could share it with a person you really trust and they can help you and support you with whatever it is."

S. showcased maturity and unique talents through this piece of work. We are so proud to support this young lady in her education journey and in the development of her wonderful skills.

Green Flag Award

We are proud to share that Pebbles Academy has achieved the Green Flag Eco School's Award from the Scottish Government as part of the Keep Scotland Beautiful programme. This is an internationally recognised award for schools committed to learning for sustainability by putting pupils' views and ideas at the centre of all decisions.

Increasing Opportunities

We had the pleasure of welcoming many new young people into our schools over the last couple of academic terms. We have enjoyed getting to know them and seeing them begin their education journeys at Pebbles.

With the increase in school numbers, we have been able to employ additional staff, thus increasing our skills base. This has resulted in many more opportunities for our pupils to thrive academically.

Welcome to Pebbles Education

A warm welcome to the Pebbles family to Gordon Shaw. Gordon is our new teacher in Muirkirk of English, Technologies, RMPS and much more! We are sure he will provide an amazing contribution to our education team.



Tennis Club. They also took part in sport activities with Cumnock Juniors and in team building challenges.

A trip to Vikingar made learning about all things Vikings quite fun, whilst a visit to Eglington Park allowed everyone to let their hair down while enjoying some fresh air.

Our young people went to the Lead Mining Museum too, where they learnt about the conditions people had to work in when mining. They time-travelled with recorded conversations that could have been had by the librarian and the public at the time and with a tour of houses from different eras, finishing off the day doing some gold panning. Our pupils were pleased to also receive a certificate of attendance at the end of the day.

Galston Assault Course was another big hit amongst our Muirkirk pupils. They did some first aid using a plane crash as the scenario and had to build a den they could shelter in until they were rescued.

They showed amazing team building skills and tested their strengths at the assault course by competing in physical challenges. They weren't afraid of getting muddy either while crawling through some trenches!

Pupils and staff from our Dunfermline school got together to complete the 5km Pretty Muddy fun run to help fundraise for Cancer Research UK.

The pupils were fantastic on the day and a credit to Pebbles. They gave 100% effort and loved getting muddy. The school went a step further and organised a fundraiser day for Cancer Research UK too, raising a fantastic £1,203 in total with the two events. Well done to everyone involved!

The Dunfermline school continued to bring the fun out of the classroom with skiing lessons at Polmonthill Ski Centre and outdoor education at Lochore Meadows.

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Achievements

- We are delighted to share that 2024 has been the busiest year to date at our Muirkirk school, with over 163 units submitted for verification. The variation of subjects that have been completed this year range from Dance to Wood Work and Cooking Skills to Algebra, we had it all! Our pupils now await their results which will be posted out on Tuesday 6th August 2024. Good luck everyone!
- Three of our senior pupils from our Muirkirk school have successfully secured placements in college. RS and LH will be doing an Accelerator in Beauty, Make Up & Aesthetics course, and DF is attending a Hospitality course. Congratulations!
- Two of our pupils at Dunfermline sat National 5 Applications of Maths. Well done!
- Many of our pupils have made us proud achieving National 3 and 4 qualifications this term.
- Recently, our teacher Anneliese completed her final professional experience placement back in Australia. This formed part of her final outcomes required to complete her Master of Teaching qualification. While on placement, Anneliese had the opportunity to teach a variety of students in both Dance and Design Technologies. She also developed new knowledge and skills in Design Technologies surrounding E-Textiles and Jewellery Making.

These are fantastic results for our pupils, setting them on a brilliant path for their future.

Primary School Registration

We are pleased to share that Pebbles Academy in Dunfermline is now registered to take on P6 & 7 pupils along with their secondary cohort.

Our pupils' highlights about this academic year:

- "Progressing in Maths and submitting my National 3 units." - SD
- "Being welcomed to the school by all staff and pupils."- JJ
- "Passing my assessments and getting into College." - RT
- "Passing my N5 units in English and Maths."- GF
- "Taking part in horse riding as part of my education." - OD

"A number of our senior pupils are leaving us this summer. They have achieved a robust portfolio of qualifications with all moving onto a positive destination. Well done and good luck!"

Glenn Gibson, Head of Education (Scotland)

Keep in Touch Wednesday

Dates for 2024

17.07.24 21.08.24 18.09.24 Sovereign House

This is an opportunity for our colleagues who have been working from home to spend some time together face-to-face, celebrate successes, collaborate across teams, brainstorm and more.

Lunch will be provided, so all you have to do is book your desk and come along! You can find information on how to book a desk in the head office calendar on Outlook.

Members of our Senior Management Team will also be attending Keep in Touch Wednesday, making it the perfect opportunity to get to know them better and ask any questions you may have.

Feedback and Suggestions

Your feedback matters.

If you have any suggestions for future newsletter topics or feedback on our training programs, please don't hesitate to contact us at marketing@pebblescare.com

Your insights help us improve and tailor our support to your needs.

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